



How do I track my race?

GARMIÑ

STRAVA

Choose a GPS tracker that works on your phone and/or watch. Track your time and distance and upload a screenshot as proof of completion. Use any watch or tracker such as:

runkeeper

If you run or walk on a treadmill, take a photo of the treadmill dashboard and submit that as evidence.

If you are aiming for a top 10 finish, please submit a GPS recorded run.

Get motivated to stay healthy and have fun!

Steps to track your race.

Once you have registered for any of the Hapalua Festival virtual race distances or challenges you will be given your own participant **ACCOUNT** page where you can update your personal information and submit evidence of your race.

🖶 fitbit

Click the ACCOUNT ICON in the upper right corner of the Virtual Hapalua Festival home page. Here you will find the event(s) you've registered for.



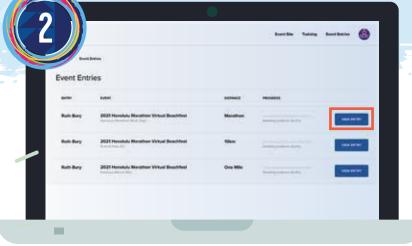


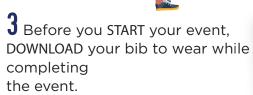


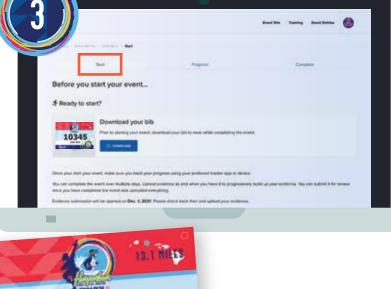




 $\mathbf{2}$ Select the VIEW ENTRY next to the event when you're ready to start!







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4 Select the PROGRESS tab to upload and track your progress.

Note, if doing a 'Multi-day challenge', you must submit multiple pieces of evidence that support the overall distance covered and you need to submit all pieces of evidence at the same time.

If you're struggling to submit a screenshot, you can upload a photo of your GPS tracker. Simply take a photo of your device, like shown here:

5 Go to the COMPLETE tab once you've submitted your evidence and **DOWNLOAD** your certificate! Congratulations!



