

## How do I track my race?

GARMIN

STRAVA

Choose a GPS tracker that works on your wearable phone and/or watch. Here are some of our favourites, but you can use any watch or tracker you like. We just want to see the time and total distance covered:

runkeeper

You can also run or walk on a treadmill and upload a photo of your treadmill dash with the time and distance.

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To avoid unnecessary hiccups, we strongly recommend testing your GPS tracker during training.

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## How do I submit my evidence?

Congratulations, you've completed your distance and now you're now one step closer to receiving your Finisher Pack!

## Submitting evidence is easy.

- 1. Head to **'My account'** at virtual.thehapalua.com, by clicking the icon in the top right of the page. A link to your your account can also be found in your e-ticket.
- 2. Login with the same email and password used when entering your event/s.
- 3. Once you're logged in, click **'Awaiting evidence'** next to the event you want to submit evidence for.







4. On the 'Submit evidence' screen, enter your total finish time and the number of sessions you used. Then, upload photo evidence by drag and drop or 'select your' image' in the correct file format.

Example below:		
	Submit your evidence of completion	
	Upload the evidence to show you have completed the	
	in a accession toom your about the tooking app, the step counter your phone, a photo of a bounderill or your running watch, etc. Don't	
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	pieces of evidence are submitted at once, or we will be unable to approve your completion.	
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	I confirm that these details are correct	
	Submit evidence	
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Note, if doing a 'Mul submit multiple piec vidual session, or or	ti-day challenge', you can either ces of evidence for each indi- ie image that displays all of the	

runs together in one view. You can choose to save individual runs as and when you run them, or do them all at the same time when you finish your challenge.

If you're struggling to submit a screenshot, you can upload a photo of your GPS tracker. Simply take a photo of your device and upload that.

5. Finally, confirm your details are correct and click the 'Submit evidence' button. Your evidence will then show as 'Pending Review' and you will receive an email to confirm your evidence was submitted correctly. Evidence can be submitted anytime from April 1 to May 1.

If you have trouble submitting evidence, please email our Customer Support Team virtualevents@realbuzz.com.



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