



KING'S RUNNER 10K *HE POKI'I NO MAKOA*

ALOHA & WELCOME

The Honolulu Marathon Association welcomes you to the inaugural **King's Runner 10K**. Please read and follow our final instructions so that you have a safe and enjoyable race.

START

Start at 6:30 AM
Sunday, March 4, 2018
South Beretania St outside
Honolulu Museum of Arts

FINISH

Finish at South Beretania St and
proceed into the Festival Area in
Thomas Square.
There is no time limit.

EVENT PARKING

Parking is available at the
Blaisdell Center. \$6 for all day
parking. Lot opens 5:30AM

POST RACE FESTIVAL

Entertainment, awards, compli-
mentary post race drinks, food and
food trucks in Thomas Square.

PACKET PICKUP

S.A.L.T at Kaka'ako
Friday, March 2, 3PM-8PM
Saturday, March 3, 10AM-3PM

BAG CHECK

Clothing-only bag check open in
Thomas Square from 5AM to 10AM.

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HONOLULU, HI*

RACE INFORMATION

You must pick up your race pack, which includes your running bibtag & race shirt at packet pick up which is at SALT in Kaka'ako. Bibs will not be available to pick up on race day.



BE AWARE OF TEMPORARY NO PARKING/TOW AWAY SIGNS.

EVENT PARKING

Parking at the Neil S. Blaisdell Center

King Street entrance across from Thomas Square. Approach from King Street or Victoria Street.

\$6 all day parking. Credit cards accepted.

Payment upon entering.

Open from 5:30AM

Metered parking

Free street parking is available around the surrounding area on a first come first serve basis.

All metered parking along Victoria Street, Beretania and Young Street adjacent to Thomas Square will be restricted to event vehicles only.

BAG CHECK

A CLOTHING ONLY Check-In tent will be available at Thomas Square near the Finish Line on Sunday, March 4; 5:00 AM to 10:00 AM.

At Packet Pick-Up, runners may request a bag labeled with the participant's running number. This bag is the only bag accepted at the Clothing Check-In tent.

The Honolulu Marathon assumes no responsibility for items left in the Clothing Check-In tent.

Do not leave valuables or perishables.

Any bags remaining as of 10:00 AM on race day will be donated to charity.

PACKET PICK UP

SALT at Kaka'ako.

691 Auahi St, Honolulu 96813

Friday March 2: 3PM-8PM

Saturday March 3: 10AM-3PM

Parking entrance on Keawe St.

Free parking for first hour



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COURSE MAP

THE COURSE

Distance: 10km or 6.2miles

Start and Finish is on South Beretania St between Thomas Square and Honolulu Museum of Arts.

Aid stations will be located at 2&4 mile marks
Restrooms at the start/finish and at the 3.1 mile turnaround, and a small number along the promenade in Waterfront Park

RUNNING COURTESY

Stay within the coned lanes to ensure your safety as well as to provide runners coming from the opposite direction with a clear path.



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FESTIVAL AREA

POST RACE

After your finish, collect your well earned finisher medal and proceed into the Festival area in Thomas Square.

Rehydrate and pick up bananas, snacks and complimentary drinks from Lanikai Juice.

There will be entertainment on the main stage.

AWARDS

Awards presentation at 8:20AM on the main stage for the top 3 male & female finishers.

Age Group

Top 3 in each age group (M&F) are asked to collect your awards from the awards desk next to the entertainment stage.

FINISH RESULTS

Download the Honolulu Marathon Ohana of Events app for race results.



FOOD TRUCKS:

There will be local food trucks on the Victoria Street side of the park.

Cash and credit cards accepted at:

Kona Shave Ice
Legacy GRINDZ
Hawaii Coffee Brew



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RULES OF THE ROAD



The MYLaps bibtag: Runners must wear the bib visibly on the chest throughout the race, according to the instructions on the reverse of the bib. Please fill out your medical information on the back of the bib.

RUNNING NUMBER

The bib number must be visible at all times. Bibtags are not transferable. You and the runner wearing your Bibtag will be disqualified from this race and future races.

BIBTAGS CANNOT BE PICKED UP ON RACE DAY.

- ⊘ Do not cut or Fold your bib number in any way
- ⊘ Do not deface your bib number with stickers, markings or any writing
- ⊘ Use a pin for each corner of the bib number; do not pierce the tag
- ⊘ Do not remove the foam spacer

PROTESTS

Protests related to actions of any race official or runner will be accepted only in written form. We will not respond to verbal protests.

All decisions of the Race Director are binding. This race is conducted according to Competition Rules of USA Track & Field.

STROLLERS:

Strollers are allowed on the course but for safety reasons asked to start at the back of the field.

CHECKPOINTS:

You must cross the sensor mats at the checkpoints along the course. Make sure your running number is clearly visible. You may be disqualified if there is no record of you passing through the checkpoints.

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**RUN
CLUB**



RUN WITH US



KAPOLEI
711 KAMOKILA BLVD

MONDAYS
5:45PM



KAILUA
600 KAILUA RD

WEDNESDAYS
5:45PM



KAKA'AKO
680 ALA MOANA BLVD

THURSDAYS
5:45PM



KAHALA
4346 WAIALAE AVE

SATURDAYS
7:00AM

FREE & ALL LEVELS WELCOME

WALKERS • JOGGERS • RUNNERS • PARENTS & STROLLERS • DOGGIES WITH LEASH
FAMILY & FRIENDS & CO-WORKERS • SUNSET LOVERS • ADVENTUROUS MINDS • HAPPY SOULS

MORE INFO

LANIKAIJUICE.COM